38th ANNIVERSARY

Catalog of The Joyful Noiseletter®

IN PURSUIT OF HEALTH AND LONGEVITY Wellness Pioneers through the Centuries

Cal Samra

Award-winning Joyful Noiseletter Editor Cal Samra, a health and humor historian at age 92, takes you on an adventure to meet a host of health pioneers down through the centuries. They include religious leaders of all faith traditions, medical doctors, scientists, dieticians, nutritionists, body builders, professional athletes, agnostic philosophers, comedians, conservatives and liberals. You'll be amazed at how much they agree on what it takes to live a healthier and longer life – advice which has long since been forgotten or ignored.

The adventure starts with Hebrew prophet Daniel (circa 620 BC) and proceeds down through the centuries to Jesus and the

Apostles, the third-century Greek physicians, the Franciscans, John Wesley, Benjamin Franklin, Thomas Jefferson, John Adams, Harriet Beecher Stowe, Ellen White, Sojourner Truth, Dr. John Harvey Kellogg, Mary Baker Eddy, the Hindu Swami Vivekanada, Theodore Roosevelt, George Bernard Shaw, Catherine Doherty, Linus Pauling, Jack LaLanne, Patch Adams, M.D., professional athletes like Tom Brady and Serena and Venus Williams, long-lived comedians like Bob Hope, and many others.

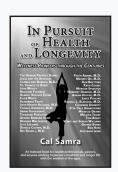
The book, which one health pioneer wrote "reads like a documentary," is fully indexed and designed to be a resource book for health professionals, pastors, and anyone wishing to live a healthier and longer life.

The author pleads with pastors: "While you're teaching people how to get to Heaven, how about teaching them healthy lifestyles to live longer on this earth? It will strengthen your church."

LAUGHTER WAS GOD'S IDEA: Stories About Healing Humor Chaplain Jack Hinson

A Baptist chaplain tells how he delivered a joyful, cheerful spirit with lots of healing humor to patients and staff at a North Carolina hospital for 14 years.

9930 (paperback)......\$11.95



HEALING

Bringing the Gift of God's Mercy to the World *Mary Healy*

Dr. Healy, a Biblical scholar, has authored a magnificent book on Christian healing that should be in every pastor's and medical doctor's library. Healy, a Catholic, explores the healing ministry of Jesus and the Apostles,



the saints, and lay people with the healing charism from the early centuries of the Christian Church to the present.

She herself has conducted many healing services in the U.S. and Brazil, and collaborated with Eastern Orthodox and Protestant healers. She has witnessed many miraculous healings through prayer to Jesus. The early Christian Church grew

The early Christian Church grew phenomenally because of its commitment to Jesus' healing ministry, and Healy and many Catholics and Protestants are determined to restore that ministry.

"If we give the Lord permission to do all that He desires to do in us, He will use us to minister His healing power to the sick and suffering, revealing His love and the presence of His glorious kingdom," Healy concludes.

8203 (paperback)......\$17.95

he best way to celebrate Christmas, Easter, or any other day is to know the *Life* of the party – the Lord who encouraged us to "be of good cheer." Christians of all faith traditions love Jack Jewell's contemporary painting of a joyful, triumphant Risen Christ surprising His disciples at the Sea of Tiberias.

This painting is appearing in church sanctuaries, vestibules, and social halls, on church bulletin covers, in pastors', counselors', and doctors' offices, retreat centers, Sunday schools, homes, hospitals, in confessionals, at funerals, and at Easter and Holy Humor Sunday services.

FULL-COLOR framed and unframed prints are available, including a handsomely custom-framed and double-matted 8x10 print (at right).



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The Risen Christ by the Sea

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On the backside of the large prints are six joyful Scripture verses, including the words of Jesus to his disciples shortly before his betrayal and arrest: "These things I have spoken to you, that my joy may be in you and that your joy may be full." (John 15:11)

To order any of these prints, please see the order form on the back page.
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JN: 'The best humor publication in Christendom'

for 38 years, the award-winning and completely commercial-free *Joyful Noiseletter* has provided pastors, church editors, and laypeople with jokes pastors can tell, inspirational humor, and reproducible cartoons to lift their congregation's spirits in good times and hard times.

"The Joyful Noiseletter is the best humor publication in Christendom," writes Prof. Paul L. Maier, a best-selling Lutheran author. "It's delightful to note the presence of JN in so many congregations across the land.

"JN's fame is widespread because it's a publication which easily buries the concept of Christianity as a 'joy-killer.' Truly, it's a 'joy-instiller,' as your holy humor and cartoons bring out in every issue."

JN has even won the plaudits of humorists like Steve Allen, Joe

Garagiola, Patch Adams, Malcolm Muggeridge, and Rev. Sherwood Eliot Wirt, a top editor for Billy Graham's magazine.

Many subscribers have opted to receive JN via e-mail, along with detailed instructions on how best to copy-and-paste JN's cartoons, jokes and humor into their church publications and church web sites.

You can use the order form on the back page to subscribe either to the expanded, bimonthly paper version of JN or to the e-mail version. You can also use the order form to send a gift subscription of the paper version of JN to a relative, friend, pastor, church secretary, or to someone who needs a healing dose of faith and humor during hard times or illness. You can subscribe online at www.joyfulnoiseletter.com. Or call toll-free 1-800-877-2757.

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HOUSE CALLS Patch Adams, M.D.

Dr. Patch Adams, "the clown-prince of physicians," who still makes house calls, offers some wise and wacky advice for anyone to visit hospital patients and out-patients and



bring healing love, humor, compassion, friendship, faith, and hope to speed recovery. Patch aims to humanize high-tech medicine.

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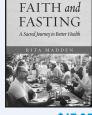
FOOD, FAITH & FASTING A Sacred Journey to Better Health Rita Madden

An extraordinary book by an Eastern Orthodox Christian who mined a treasury of holistic health advice from the Orthodox and Catholic saints of the first centuries of Christianity. The early

Christians believed that short fasts cleansed the body and mind. Madden, nutrition director for Mediterranean Wellness, shows why the Blue Zones found people in the Mediterranean countries live the longest.

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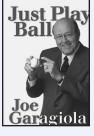


FOOD

JUST PLAY BALL

Joe Garagiola

Joe Garagiola's book is probably the funniest book ever written about baseball. Starting with a foreword by Joe's lifelong friend, Yogi Berra, the book serves up hilarious anecdotes, stories, and one-liners



from Joe's many years as a Major League catcher and Hall of Fame sportscaster. The book is a fresh look at what's right with Major League baseball.

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